

“Staying Sane, Satisfied and Effective in Medicine & Life”



All Physicians Invited

Thursday September 24, 2015
Fort Washington Country Club
10272 N Millbrook, Fresno

Required R.S.V.P. by Sept. 21
(559) 224-4224 ext. 118 or
csrau@fmms.org

Keynote Speaker

Linda Hawes Clever, M.D., MACP, is founder and president of the not-for-profit RENEW (www.renewnow.org), Clinical Professor of Medicine at UCSF, and member of the National Academy of Medicine. She is considered an expert on the well-being and professional renewal of physicians and other health care providers. She is author of “The Fatigue Prescription: Four Steps to Renewing Your Energy, Health and Life”.



“In order to do well, you have to be well.”

4-6 p.m. Leadership Workshop
“*Life Preservers for Leaders*”

(for Medical Staff Executive Committee members, Department Chairs, Well Being Committee members, Hospital Administrators)

Dr. Clever will provide clarity and sound advice to those in leadership positions in order to be at the top of their abilities.

- Establish effective and healthy clinical and administrative settings
- Evaluate situations in order to assure access to relevant information
- Explore the best approaches to dealing with competing demands

5-7 p.m. Exhibitor Reception & Networking

7 p.m. Physician Dinner Meeting & Keynote Presentation
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So much to do, so little time. Rarely enough time to relax and just be. Or maybe even sleep. Always the possibility of making a mistake. Relentless pressure and change. What kind of life is this? Is there anything to do about it? Yes indeed.



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